



KEEP WHAT YOU LOVE. GIVE THE REST DIRECTION.

The Living Room Edit

A practical workbook for a calmer, more cohesive room.
Work with what you own. Measure before you buy.
Finish with a clear plan and a considered shopping list.

19 pages / English / Printable worksheets

BEGIN HERE

A room that works for you

An organised process, with a useful decision at every step.

Gather in 20 minutes

Take daylight photographs from all four corners. Bring a tape measure, a pen, paper and samples you already own. Keep a before photograph so you can judge improvement, not just change.

Make your first plan in about 90 minutes

Audit and brief: 15 minutes. Palette: 15. Measure and test layout: 25. Light and textiles: 15. Priorities and shopping list: 20. This is an estimate; move at your own pace and allow extra time for physical tests.

YOUR FINISHED OUTPUT

One room brief, a tested furniture arrangement, a palette grounded in existing finishes, three prioritised actions and a shopping list with a total spending limit.

Read / test / record

Read the guidance, try one change in your actual room and record what worked. The image studies are illustrative styling concepts, not completed client projects or measured plans.

This is decorative guidance for independent use, not construction or electrical advice. Check manufacturer instructions and use qualified help for mounting, wiring or structural work. Accessibility needs and local requirements take priority over styling dimensions.

05 / ARRANGE

Anchor the seating area

Useful starting dimensions, followed by a physical test.

Coffee table reach

Start by testing about 40–46 cm / 16–18 in between the sofa and table. Sit down, reach for a cup and stand up. Adjust for the actual people and furniture.

Coffee table proportion

For a straight sofa, a table roughly one half to two thirds of its length is a useful visual starting point. A 220 cm sofa suggests testing about 110–145 cm. Sectionals and small rooms may need a different shape.

Movement

Where space permits, test around 76–91 cm / 30–36 in along a main walking route. More space may be needed for mobility aids, door swings or carrying items. This is a styling guide, not an accessibility standard.

Rug relationship

Start with the front feet of the sofa and main chairs on the rug. Tape two candidate sizes; do not choose from a room photograph alone. Check doors, trip edges and stability.

TEST BEFORE CHECKOUT

Try your largest candidate rug footprint first. If it blocks a door or crowds the route, reduce the footprint or change the furniture arrangement. Keep the option that connects the seats and works in daily use.

Dimension references: Emily Henderson, “How To Design A Living Room”. Adapt all starting points to your actual users and room.

10 / YOUR PLAN

Your one page room brief

Complete this before ordering anything. Print again when your needs change.

Room purpose / number of seats / three style words

Main problem and evidence

Existing finishes / base / supporting tone / accent

Three pieces to keep / one to remove or relocate

Layout or rug footprint I have tested

Lighting gap and textile decision

Total budget including delivery and tax / first free action
