

The 15 Minute Room Reset

One surface. A clearer room. No new purchases.

01 / Clear · minutes 1 to 5

Choose a coffee table or console. Take a before photograph, remove everything and clean the surface. Separate everyday essentials from decoration. Notice which colour or material already connects to your room.

02 / Compose · minutes 6 to 10

Return the essentials first. Build one small grouping: a low base, an object with height and one personal detail. Try books, a stable vessel and a meaningful object you already own. Repeat one room colour or texture; leave space for daily use.

03 / Edit · minutes 11 to 15

View the surface from your usual seat and the doorway. Check reach, stability and sightlines. Remove one competing object and compare. Take an after photograph from the same position and in the same light.

A composition to try

Two existing books + one stable ceramic vessel + one personal object. Vary their heights and keep the rest of the surface useful. Adapt the grouping to your table rather than filling it.

Keep fragile pieces out of reach of children and pets; check plants for household suitability.



Illustrative studio concept. Use the principles with your own pieces.

Keep the change that works.

Complete this page before adding anything to your shopping list.

My surface and how I use it

The colour or material I repeated

What I removed / what I kept

The change that improved the room most

The three point check

Function: Can I still set down a drink, reach essentials and clean easily?

Connection: Does one colour or material relate to the rest of the room?

Restraint: Does removing one more object make the composition clearer?

Before you buy

Name one remaining problem. Is it missing function, an awkward proportion or too many competing details? Try moving or reusing an existing piece first. If a purchase is still needed, define its purpose, size and maximum total cost.

Your next step, at your pace

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